



Draw some biscuits with Rob

Rob says the page of *Draw with Rob: Fantastic Food* that he most enjoyed drawing is the one with the different kinds of biscuits on it. Check out that page together. Has Rob included any of their favourite biscuits? Can the children suggest how each biscuit is feeling based on the way Rob has added eyes and mouths?

Provide paper and a variety of drawing tools. Together, [watch Rob on YouTube](#) drawing the biscuits from this page and follow along. In the book, Rob gives each biscuit a name – what names will the children call their biscuits?

Design a food character

Invite the children to choose their favourite page of *Draw with Rob: Fantastic Food*. Can they use the page to help them draw a food character, following Rob's steps? What's their character's name? What's their story? Where are they going? How do they feel? Do they have any food character friends? Provide tape for the children to make a quick display of their food characters.

Play some drawing games

Rob says that drawing can help you remember things. Have fun with this idea! In their talking partners, invite them to draw a list of things rather than writing the words, then swap their lists and check with each other to see if they can remember the items. Play some other drawing games: **Picture Consequences** played in groups of 3 – provide strips of paper and pencils, one child draws the head, then folds it over and passes it on, the next child draws the body, folds over and passes on, and another child draws the legs. Open it up – what kind of person or creature have they made together? Or the **Shape Game** played in pairs – provide paper and pencils, one child draws a shape or line, the other turns it into something – a rectangle becomes a bus, a circle becomes a spaceship, a wiggly line becomes a worm.

Activities for

Draw with Rob: Fantastic Food

Written and Illustrated
by **Rob Biddulph**

Explore a Richard Scarry book

As a child, Rob's favourite author was Richard Scarry. Find a Richard Scarry book in your school or local library. Look at it together with the children. What can they see? Choose a page, and in their talking partners invite them to make up a story about one of the animal characters. Where is the goat going on the tractor? What's happening inside the shop? Why is the bear up the ladder?

Leave the book in a quiet space in your classroom, with some small world props – such as animals, small cars, wooden blocks, dolls house and furniture. Add paper and pens for drawing their own scenes and characters.

How do we feel when we're drawing?

Rob says anyone can draw, and it's a mindfulness activity, and Laura says there is no right or wrong when you're drawing. Talk with the children about how they feel when they're drawing. Collect some words – calm, relaxed, focused, quiet. Does everyone feel like that? Does it help them with their emotions? Where do you like to be when you draw – with your friends, on your own, at a desk, on the floor? Do you like it to be very quiet, or maybe have some music playing? What drawing tools do you like to use? Do you like to fill the page, or do you like to make small drawings? Knowing your children, provide some materials and time for drawing. You could spend 10/15 mins a day drawing, play some music and provide prompts – like *Draw with Rob: Fantastic Food*!